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RESOURCES FOR VOLUNTEERS & MEMBERS...

www.umext.maine.edu/Aroostook4H
www.maine4h.umaine.edu
www.4husa.org
www.national4-headquarters.gov/
www.4-Hmall.org

Christy Fitzpatrick
 4-H Professional
 Laurie Bartlett, 4-H
 Aide - Houlton
 Stacy Paradis - 4-H
 Aide - Fort Kent
 Emily Dow, Secretary

May 2008

Sun

Mon

Tue

Wed

Thu

Fri

Sat

				1	2	3 <i>Megan Fitzpatrick</i>
4 <i>Lauren Eastham</i>	5 <i>Shayden Shaw</i>	6 <i>Desiree Foster</i>	7 <i>Jennifer Tompkins</i>	8	9	10
11	12 <i>Gene Cyr</i>	13	14 <i>Alissa Picard</i>	15	16 <i>Rachel Donovan</i> <i>Lindsay Michaud</i>	17 <i>Sara Huston</i> <i>EDGE Weekend!</i>
18 <i>Katie McKenna</i> <i>EDGE!</i>	19	20 <i>Jonas Kinney</i>	21	22	23	24
25	26	27 <i>Camille Pierce</i>	28	29 <i>Klairissa Kern</i> <i>Duncan Bradshaw</i> <i>LA Meeting -</i> <i>info inside!</i>	30	31

Other Important Dates Coming Up:

May 17-18th - EDGE Weekend @ Orono
 May 29th - LA Meeting - see inside for details.
 June 1st - OC Meeting - PI Extension Office
 June 7-8- June Jamboree
 July 3-6 - Houlton Fair

July 5-12 - Citizenship Washington Focus

July 20-23 - GIS Camp

July 25 -Aug. 2 - Northern Maine Fair



CLUB AND MORE NEWS FROM AROUND THE COUNTY...

IT'S TIME FOR JUNE JAMBOREE

*****June 7 and 8*****

Northern Maine Fairgrounds

Registration forms will be mailed May 14

We have lots of fun things in mind! Mark your calendars!!

Animal clinics on Saturday—Baby Beef in the morning, Horse, swine, rabbit, dairy, dog, goat and animal round robin show in the afternoon

On **Sunday afternoon** from 1-3, the 4-H Survivor challenge—teams will take part in a series of challenges related to 4-H project areas such as outdoor skills, foods, crafts, science, and physical activity. Open to all ages.

****Sarah Verville has agreed to be our youth chair—we need an adult chair to work with her and to help put things together. Please volunteer by calling Laurie. We will also need volunteers to help with the challenge stations!*****

June Jamboree will conclude with the Public Speaking/Demonstration Tournament Sunday from 3-4 pm

Categories:

Demonstration: a presentation in which you explain and show step by step how to do a favorite project or food preparation, usually accompanied by 1-3 posters. Cloverbuds require only one poster.

Exhibitions: a presentation where you use a poster and items to tell an audience how to do something instead of demonstrating it.

Public speaking: An original speech on the topic "How 4-H has made a difference in my life"

Cloverbud Interpretive Reading: read a short passage, story or poem

30 second radio spot: Encourage people to join 4-H. May be done in teams.

Cloverbuds—ages 5-8—time 1-4 minutes

Cloverbuds will receive identical recognition of participation

Junior—ages 9-12—time limit 5-8 minutes

Senior—ages 13-18—time limit 8-12 minutes

For materials to help you plan your presentation, call the office and we will mail you information.

Clubs should plan a practice session before June Jamboree!

CONGRATULATIONS

to two members of the Wild Mustangs! Kaitlin Russell has earned the position of 1st Honor Essayist and Ashley Levesque has earned the position of 3rd Honor Essayist for the Class of 2008 at Hodgdon High School! Kaitlin is planning to attend the University of Vermont and Ashley will be going to Albany College of Pharmacy in New York in the fall.

On another note, Kimberly Levesque, also a member of the Wild Mustangs, has qualified for nationals for pony club in Quiz and will be going to Lexington, Virginia in July.

4-H Cow Chip Bingo is back!



Some lucky person will win up to \$1000 when we turn the cow loose on July 6 at the Houlton Fair! This is one of our most important fundraising efforts—we need help from everyone! To kick things off we will be selling tickets at the Aroostook Centre Mall and at a location TBA in Houlton on Sunday June 22 from 1-4 pm. We will need volunteers to help us—if your club can volunteer an hour, please email or call Laurie or Christy. Don't forget we have 1000 tickets to sell—we need everyone's help!

**Don't forget our next
Leader's Meeting on
May 29th at 6:30 pm
Video Sites—Houlton Higher Ed
Center and UMPI
We need everyone to attend so we
can make plans for fair!**

State 4-H News...

2008 Northeast Regional Volunteer Forum

The 2008 Northeast Regional Volunteer Forum will be held at the Radisson Hotel in Manchester, New Hampshire from October 23-26, 2008.

For more details, a promotional flyer is available on our website at:

<http://extension.unh.edu/4H/4HVol/08NEVF.htm>

The full registration brochure will be available in May.

Stay tuned!

We look forward to seeing you in the fall!

Save the date for Teen Conference on Wheels!

July 14-17, 2008 featuring Citizenship, Leadership and Entrepreneurship themes being planned by the Youth in Governance Program Leadership Team.

DOG CAMP at MAINE 4-H DAYS

Dog Camp will begin on Friday, June 27th, and continue through the 28th and 29th at the Windsor Fairgrounds. Dog Camp is open to Maine 4-H participants of all ages and experience levels. This year our breed group focus will be on the Toy Group and as always the major focus will be on having fun with our dogs.

Planning is still in progress but we have some exciting events underway. This year there will be a presentation about behavior counseling through the use of Bach Flower remedies and we will be having a presentation from a Chihuahua Rescue. We will also have Showmanship and Obedience workshops for multiple experience levels. Back by popular demand this year are Agility workshops, a pizza party, and Quiz Bowl. Dog camp is always a fun and informative experience for everyone and we hope to see you there!

Maine 4-H Days

Maine 4-H Days at Windsor Fairgrounds will be June 27, 28 and 29. It will be a weekend full of personal enrichment workshops as well as livestock events. The Craft Extravaganza will be full of different choices like silk batiks, kite making, Mexican tin work, and making cork fishing lures. There will also be woodworking, mask making and making a friendship bracelet. See the incredible demonstrations at the Physics Road Show again this year as well as a Fishing Derby which is new this year. Check out the Dog Camp as well as all the fun goat activities. There will be a horse show as well as lots of horse events. The Earth connections track will show you about composting, tree identification and the water cycle. The Youth in Governance track will help you to take a community service idea and put it into action. Camping is encouraged and entire families are welcome. The registration brochure will be mailed out soon.



4-H News You Can Use...

Attention County Teens

The 4-H Officer's Council Needs You!

The 4-H OC is a group for teens who want to help with the leadership of 4-H in Aroostook County. Any teen interested in helping to plan county events, do community service projects and learn more about getting involved with 4-H on the state and national level is welcome to join this group. Our next meeting will be on **Sunday June 1 at 2 pm at the Presque Isle Extension Office.** We need to get your input on how to make this group effective and what projects you would like to take on. There will be pizza!

There will be a carpool from the Houlton USDA at 12:45.

We will send everyone a reminder card and rsvp information soon, **Please save the date!**

CLOVER COUNTRY CD

Lots of 4-H members grow up to have famous important jobs – astronaut, congressman, and the like. But some 4-H members grow up to be *country music stars!* National 4-H Council has partnered with EMI Music to create "[Clover Country: Songs from Famous 4-H Alumni](#)"—the first-of-its-kind country music CD featuring famous 4-H alumni. *Clover Country* features Grammy-winning song writer, Hillary Lindsey's "The Clown," which Lindsey exclusively recorded for the album as well as hit songs from country music mega stars and 4-H alumni like Sugarland, Dolly Parton, Reba McEntire, Martina McBride, Faith Hill, Vince Gill, and Alabama. Best of all, every time someone from Maine buys a CD from the 4-H mall, a portion of the sale goes to Maine 4-H.

To order, go to <http://www.4-hmall.org/clovercountrycd.aspx>



Northern Maine 4-H GIS Camp @ Greenland Pont Center in Princeton, ME, July 20-23

Western Maine 4-H GIS Camp @ Bryant Pond Conservation Center July 6-8

Cost of the camp is \$75.00

Ages 12-15 and Program aides ages 16-18 – see below*

REGISTRATION DEADLINE JUNE 1

It's time to register for GIS Camp! There are two camps this summer and one is right in our own backyard in Princeton, Maine. Camps teach GPS (Global Positioning System) data collection and GIS mapping software for campers ages 12-15.

At the Northern Maine 4-H GIS Camp at the *Greenland Pont Center in Princeton*, campers will be mapping new recreational and interpretative trails and working with forestry and wildlife professionals. Conservation camp will be running at the same time so campers will also get to take part in some of those activities. GIS campers can choose to remain at the Greenland Point Center conservation camp for the rest of the week for an additional \$100. For more information, call Christy Fitzpatrick at the Houlton Extension office at 532-6548 or email to cfitz@umext.maine.edu. The registration form is posted on the Aroostook County 4-H website or can be mailed by calling to Houlton Office.

For more information about the Bryant Pond Camp, contact Susan Jennings at the Oxford County Office 207-8743-6329.

*16-18 year olds with GPS/GIS experience - both camps are looking for program aides to help with the GPS and GIS work and other camp chores. If you would like to apply to be a program aide, please contact either Christy or Susan. Program aides will participate in all of the activities and will get to come to camp for a reduced fee of \$45.

Animal Science News...

HORSE NEWS

National Horse Team Tryouts **Tuesday, May 20 6:00 to 8:00 pm via** **video conference**

The National Horse Teams travel to the Eastern National Horse Roundup in Louisville, KY each year to compete. These are the four teams that participate and each team has four members.

Hippology: Horse knowledge, horse judging, team problems

Horse Judging: Place classes based on conformation and give oral reasons defending your placings

Quiz Bowl: A fast-paced question and answer team

Communications: Public speaking, demonstrations or illustrated talks (Entries for Communications Team send a video of their presentation to Kate Slattery, postmarked by May 30)

Tryouts for these teams will be held on **Tuesday, May 20 6:00 to 8:00 pm via video conference.** There will be a short study session before the tryouts. 4-Hers must be 14 years of age as of January 1, 2008 to try out.

Aroostook County locations for the video conference tryouts are

Houlton High and
Presque Isle High School

Pre-registration for Tryouts is encouraged. You can find the pre-registration form and more information on the 4-H website at www.umext.maine.edu/4h/resources/horse.htm or contact Kate Slattery at slatterk@sad44.org 836-3217 for more information.

⇒ Junior teams will be starting this year.

⇒ NOTE: to find video of the previous horse study sessions go to

http://www.mediaine.org/umext/4-H/Horse_Project/Horse_Study_Session_March08_Web/

Eastern States Horse Tryouts

June 20, 21, and 22, 2008 at the Skowhegan Fairgrounds. Maine 4-Hers who are trying out must have their packet postmarked by **May 10, 2008** and sent to:

Knox/Lincoln Cooperative Extension
377 Manktown Road
Waldoboro, ME 04572

Packets do not need Christy's signature this year.

If you would like me to look over your packet, I will need to do it before May 2 as I will be away the next week. Packets can be sent in by our office, but they must be here and ready to send by May 8. You may also send your packet in directly.

Are your Sheep Staggering under the Winter Weight of Wool?

We have a great video called Shearing Techniques by Fiona Nettleton available to borrow from the Houlton Office for all would-be shearers.

ANIMAL APPROVAL FORMS DUE JUNE 1

If your animal approval forms are not in yet, remember that forms for beef, dairy, swine, sheep, goat, and dog are due June 1. Rabbits and poultry no longer require Animal Approval Forms, but limits on numbers of animals shown found in the fair books must still be followed. Remember that all animals need some form of positive identification—registration, ear tag, tattoo, or photo and that your club leader must sign your form before you turn it into the office. The form is available by going to the forms section of the Aroostook County 4-H website or if you need one sent directly to you, please call Laurie or Emily.

FAIR NEWS

Houlton Fair 4-H Livestock Exhibits and Awards

Judging Criteria for Herdsmanship competitions:

- 25% Overall appearance of area
- 20% Cleanliness of area
- 25% Interaction with fairgoers and availability to talk to fairgoers
- 20% Demonstration related to the animals
- 10% Cooperation with Fair officials and staff

4-H Individual Animal Herdsmen

Winners will be chosen in categories of Beef, Dairy, Goat, Sheep

One animal

- 1st place : \$100
- 2nd place: \$80
- 3rd place: \$60
- 4th place: \$40
- 5th-8th places - \$20

Each additional animal in the exhibit will add \$25. to the premium

4-H Club Animal Herdsmen –

Any 4-H club with 6 animals of the same species not entered in the Open Herdsmen Competition can exhibit as a club;

- 1st Place club - \$300
- 2nd place club - \$200
- 3rd place club - \$100
- 4th place club - \$75

4-H members may compete both as individuals and as part of a club exhibit

4-H Educational Display-

Display will inform and educate the public about an agricultural topic of your choice. Should be neat and well made. Being available to answer questions is always a good thing. Must have animals on exhibit to compete. Exhibitors of all species of animal compete together in this competition.

These will be placed either in your tack stall or can be attached to walls or posts. Be aware that moisture may be an issue as you choose your materials. There is no size requirement. Because your goal is to educate people quickly, make sure your display is eye-catching, large enough to read easily, with a clear simple message. You could consider using several small pieces instead of one large board. Your display could include pictures, posters, games, and hand outs.

Premiums are as follows:

- 1st place - \$50
- 2nd place - \$40
- 3rd place - \$30
- 4th place - \$20

2008 Houlton Fair 4-H schedule

July 3-6, 2008

Tuesday July 1 Exhibit Hall Set Up 3-7 pm

Wed. July 2 Exhibit Hall Set Up 11 am - 4 pm

Exhibit Hall Judging 4:30 pm

**Cow Chip Bingo tickets available daily
at the 4-H Exhibit Hall**

Thursday July 3 - Kids Day/4-H day

4-H Horse Show Registration 8 am,

Show starts at 9 am

Market Hog Weigh In at 7:00 pm

Friday July 4

4-H Rabbit Show at 1:30 pm

4-H Market Hog Show at 6 pm

Saturday July 5

4-H Goat Show at 9 am

4-H Sheep Show at 10:30 am

4-H Beef Show at 1 pm

4-H Dairy show at 2:30 pm

4-H Cloverbud Show Ring Clinic at 4 pm

4-H Market Hog Auction at 7 pm

Sunday July 8

4-H Dog Show at 10 am

Cow Chip Bingo at 1 pm - Little League
Field

Obstacle course at 2 pm



4-H Market Hog Auction

For information about purchasing an animal at the Auction, contact the Houlton Cooperative Extension Office at 532-6548. We will put you in touch with a 4-H member who can tell you about his or her animal and how to participate



Saturday July 5
7 PM



HOULTON FAIR LIVESTOCK RING

MAKE PLANS TO BID AND FILL YOUR
FREEZER WITH 4-H MEAT!

FAIR NEWS

2008 4-H Food Booth Schedule

Jean Sloat has agreed once again to be our 4-H Food Booth manager (THANK YOU, JEAN) and we are now in the process of signing up clubs to help with running this important 4-H fundraiser. Clubs may sign up for a whole or half day—however, clubs that want half days should find another club to share the day. We will also be having a Leader's Association Day which is the one day that actually brings proceeds back to the LA. All clubs are asked to volunteer 3 or 4 hours on that day.

4-H members 12 and up can take orders and serve food in the 4-H Food Booth. Members must be 16 to work around the grill. Well-supervised younger members may clear tables and help with dishes. There should be 3-4 adults working at all times.

Here is the schedule so far—please note where there are empty slots. We especially need to have a club cover Friday July 25 as the horse and beef people are tied up that day.

FIRST COME, FIRST SERVED-PLEASE VOLUNTEER ASAP!

To volunteer, clubs can call Jean Sloat at 532-3567 or 532-0753 or Christy or Laurie at 532-6548

Friday July 25 _____

Saturday July 26—Caribou Clovers

Sunday July 27—Leader's Association Day

7-10—AV Baby Beef

10-1 _____

1-4 _____

4-8 _____

Monday July 28 _____

Tuesday July 29 Mane Eventers

Wednesday July 30—Eastern States Equestrian Team

Thursday July 31 Wild Mustangs (includes the steak barbeque)

Friday August 1 _____

Saturday August 2 Wild Mustangs

We will be having a clean up day on Sunday August 3 AFTER the Fair to clean good and put the Food Booth away for the winter. All clubs will be asked to send someone to help.

Cooking, Crafts & Kids!

Mother's Day is just around the corner! I've discovered a couple of ideas that you may want to try to make your mom feel extra special on her special day!

RUSSIAN TEA MIX

You will need:

- 1 1/3 cups Tang Brand Orange Flavored Drink Mix
- 1/2 cup of sugar
- 1/3 cup of instant tea
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground cloves

Mix all ingredients. Store in a tightly covered jar.

Just add 1 Tablespoon to 3/4 of hot water. If you like it a little stronger, add more to taste.



CARAMEL APPLE TARTS

You will need:

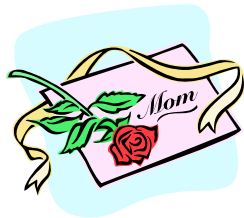
- 1 pkg. (10 oz.) Pepperidge Farm Frozen Puff Pastry Shells
- 6 Tablespoons of splenda - (sugar substitute)
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon of ginger
- 3 apples or pears, peeled, cored and thinly sliced (4 cups)
- 2/3 cup caramel sauce.

Thaw pastry shells at room temperature 30 minutes. Preheat oven to 375°. Mix splenda, cinnamon, and ginger and set aside.

Roll pastry shells into 5-inch circles on lightly floured surface. Place on 2 shallow-sided baking sheets. Divide apple slices among pastry circles. Sprinkle each with 1 tablespoon of spice mixture. Bake for 25 minutes or pastry is golden.

In a small saucepan over medium heat, heat caramel sauce until warm. Spoon over tarts. Serve with ice cream.

If you have any styrofoam egg cartons laying around, try making Mom a bouquet of flowers!



You will need some pipe cleaners or chenille stems, the egg cartons (different colors would be great!), scissors (edging scissors would be really good) and something for a vase.

Cut apart the egg cartons so that each compartment is separate. Using the scissors, carefully cut the open edge to resemble the petals of a flower such as a tulip or daisy.

Push a pipe cleaner through the bottom, form a little knot or ball at the end (inside the flower) and stand in a vase. If you want you can make leaves out of green construction paper and tape them onto the pipe cleaner. Try several designs!

Christy Fitzpatrick
Extension Professional

Laurie Bartlett
4-H Aide



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Persons with disabilities who need accommodations to participate in our programs, please call Christy Fitzpatrick at (207)532-6548 at least 10 days in advance.

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UMCE
P.O. Box 8
Houlton, ME 04730

4-H EDGE: Connecting Kids to Campus—

May 17 and 18 at the University of Maine—sign up ASAP

For ages 11-15, 16-18 and adults

Registrations available on-line at

<http://www.umext.maine.edu/4h/events/edge.htm>

Or call the Houlton office to have a copy of the registration sent to you!

IT'S TIME FOR JUNE JAMBOREE!!!

*******June 7 and 8*******

Northern Maine Fairgrounds

Registration forms will be mailed May 14th