

The following weights are based on a loosely packed brown grocery bag unless otherwise noted. Adjust the donated weights either up or down as necessary.

GUIDE FOR ESTIMATING WEIGHT OF DONATED PRODUCE

Beans 15# per brown grocery bag

Cantaloupe 3# per fruit

Cucumbers 24# per brown grocery bag, or 2 medium cucumbers per pound

Lettuce 1 small head of loose leaf = 3/4 pound
1 medium romaine head = 1 1/4 pound

Onions 20# per brown grocery bag
2 medium/large onions per pound

Potatoes 30# per brown grocery bag

Summer Squash 3 medium summer squash per pound

Tomatoes 40# per brown grocery bag
2-3 medium tomatoes per pound

Winter Squash
Acorn – 2# per squash
Buttercup – 4# per squash
Butternut – 5# per squash
Delicata (cream colored with green stripes) -

1.5# per squash
Hubbard – 15# per squash (varies)

Zucchini 2 medium zucchini per pound

