



4-H Flash

A Newsletter for Washington County 4-H Participants

4-H Demonstrations

Congratulations to the 4-H youth who participated in the Washington County Demonstrations on Saturday, March 10. The youth did a remarkable job! It's not easy to get up and speak in front of a group! But with the practice and preparation for this event, these kids made it look like a piece of cake. We had three youngsters under the age of 9 who participated for the experience, but were not judged competitively. A heart-felt thank you to our judges, Jeanne Waldren and Marcia Bernhardt, and to Emily Lobley, who was our emcee for the event. A special congratulations to Hannah Sprague, who had the overall high score for the afternoon and took home a trophy! To see more pictures from the event, please visit our web site at: <http://www.umext.maine.edu/Washington/washington4HDemonstration2007Pics.htm>

Demonstration Results

1st Place

Hannah Sprague, Age 10, Ice Cream in a Bag

2nd Place

Jillian Day, Age 12, Making Jewelry

3rd Place

Jeremiah Chasse, Age 13, Making a Milkshake

Thomas Brooks, Age 13, How to Make a Preschool Game

Emily Day, Age 10, Banana Bread

Alex Hanscom Willey, Age 8, How to Saddle a Horse

Ella Reilich-Godino, Age 8, Making Paper Woven Hearts

Maiah Reilich-Godino, Age 5, Pouring Liquid from a Pitcher



See page two for more Demonstration pictures.



April 16- Patriot's Day– Office Closed
April 28- VOLT Training– Hancock Extension Office
April 28- Equine Knowledge Challenge @ Orland Cons. School
April 25- 4-H State Government Day
May 1- Goat Intent Forms for Eastern States Due
May 18-20- Northeast Livestock Expo 2007
May 19-20- EDGE Weekend @ University of Maine
June 1-3- Jamboree at Blue Hill Fairground

For a complete listing of what's happening in 4-H check out the 4-H Calendar
Page at: <http://www.maine4h.umaine.edu/calendarpage.htm>

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Washington County 4-H Demonstrations



Jen Lobley, Extension Educator presents participants under age 10 with their certificates and ribbons.



Participants over the age of 10 with their ribbons and certificates.



First Annual 4H Robotics Expo

On Saturday, March 31, over 50 youth joined their coaches and parents for the 1st Annual 4H Robotics Exposition held at the Elm Street School in East Machias. Students from six area schools spent the morning showing off their robotic and non-robotic creations to judges and the public. After lunch, the youth participated in some fun hands-on team building activities followed by a Robotics Skill-a-thon. The day ended with a brief awards ceremony. Special thanks to our judges, Tom Bickford of Maine Robotics, the EdGE Program and the Perloff Family Foundation for their work and financial support to help make this event a success!

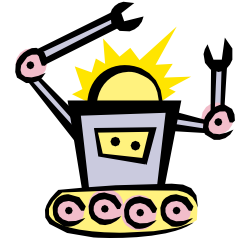
Congratulations go to:

Charlotte Robotics: Best Robot

Rose M Gaffney School: Best Non-Robotic Creation

Edgebots: Teamwork Award

Jonesboro: Best Overall Project



Best Overall Robotic Project



Best Non-Robot



Teamwork Award



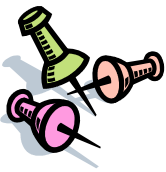
Best Robot



Colleen's Corner



Spring has sprung! I have been busy visiting clubs in Washington County and taking new pictures for our web site. Be sure to check it out and see how you all look on the web. Lots of new ideas have been shared in my club visits. We are looking forward to some more events happening this spring. Demonstrations and the Robotics meet went well. For those of you who missed these events, rest assured we will be hosting them again next year. If I haven't visited your club yet, it is because I don't know your schedule. Please send me a copy of your schedule to cbrown@umext.maine.edu and I will let you know what date works for me.



Washington County Bulletin Board Items



4-H Curriculum Save 35% on April Pre-Press Sale

More than 180 curriculum products, many produced by the National 4-H Cooperative Curriculum System, Inc. are currently available including titles in engineering and technology, nutrition and animal science to name just a few. **Ordering products before April 25 will give consumers a 35% discount.** All products can be ordered directly online at www.4-hcurriculum.org.



4-H Source Book Spring Update

Over 75 new 4-H items are available such as:

- ◆ 4-H Tech accessories
- ◆ Infant & Toddler items
- ◆ Pet accessories
- ◆ Backpacks & Totes
- ◆ 4-H apparel for all ages

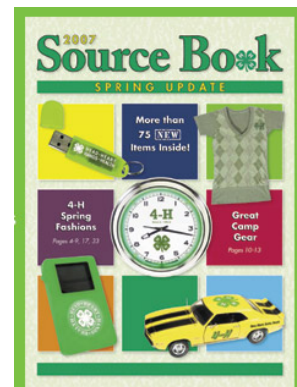
Go to www.4hsupply.org to:

- ◆ Download PDF files of Spring Update or specific pages
- ◆ View & click items on each page of their virtual catalog
- ◆ Request to receive a copy of the Spring update in the mail



Goat Intent Form

4-H members 12 years old and up intending to go to Eastern States must have forms signed by the 4-H Educator by May 1st. The new forms are now available online at the Maine 4-H website or you may call the Extension office to receive a copy.





Maine State 4-H News Cont.

1. Scholarship Opportunity

Were you on an Eastern States animal science team last year or before?

Do you think you might be on an Eastern States team this year?

Are you a junior or senior in high school and in good academic standing?

You may be eligible to apply for the Morris Scholarship, a \$500 one-time scholarship towards your education after high school.

For more information, check our website at www.maine4h.umaine.edu/4hmembers.htm and scroll down to ESE information and click on ESE Morris Scholarship or you can call your County Extension Office, or call Michael Bailey at 1-800-287-0274 or e-mail at m Bailey@umext.maine.edu.

2. Market Lambs for Windsor and Fryeburg

You are no longer required to send an Intent to Participate Form for Market Lambs being shown at Windsor and Fryeburg Fairs, however, if you are planning to show at these fairs, you still need an Approval Form and to have your lambs tagged. There are four lamb tagging sites this year and bringing your lamb to one of them for tagging will constitute your intent to participate. When your animal is tagged, you will be given an Approval Form that must be signed and embossed by your county educator or professional. The deadline is June 30.

Tagging Sites:

May 19 NE Livestock Expo, Windsor Fairgrounds, tagging will start after the sale.

June 2 Cumberland County 4-H June Jamboree, Cumberland Fairgrounds, 10-12 am

June 9 Franklin County 4-H June Jamboree, Farmington Fairgrounds, 10-12 am

June 16 Oxford County June Jamboree, Oxford Fairgrounds 10-12 am

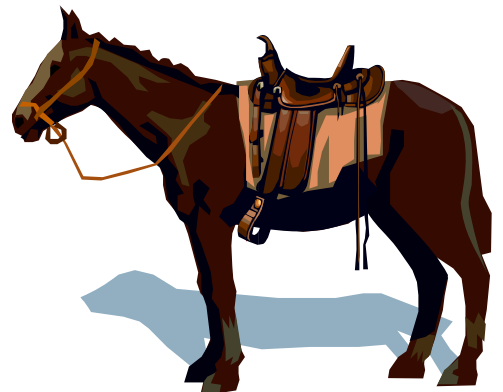
3. Maine 4-H Days

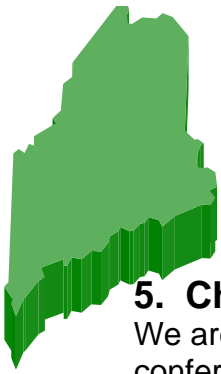
Mark your calendars now for Maine 4-H Days this summer at Windsor Fairgrounds, **July 6, 7 & 8**. It will be a weekend full of personal enrichment workshops as well as livestock events.

Camping is encouraged and entire families are welcome.

4. Lil' Kicks Horse Show

Lil' Kicks 4H Horse Club, based in York County, is hosting an Open Fun Show on Saturday, May 5, 2007. The show will be held at the Hollis Equestrian Center, New County Road, Route 5, Hollis Maine. This show is open to both adults and children as a way to "warm-up" for the coming show season. We will begin at 9:00AM. All spectators are welcome and a food booth will be available on the grounds. The cost is \$20 for unlimited classes per rider or \$3.00 per class pre-entry. Early registration is encouraged. For a copy of the class list or registration form, please contact Martha Dumont at 283-0783 or montdmm@gwi.net.





Maine State 4-H News Cont.

5. Chaperones Needed for Maine 4-H Teen Leadership Conference

We are in need of chaperones for the Maine 4-H Teen Leadership Conference. This conference is based on the 'Leadership Skills You Never Outgrow' Curriculum. This event is sponsored by the Penobscot Valley 4-H Junior Leaders Club, the Pine Tree State 4-H Foundation, and Youth in Governance Program Leadership Team. Come learn about this great program and see if your club wants to try a new take on leadership education. Or learn how to start a Junior Leadership group in your area. This conference will be a 45 hour event. Teens will have a sleep time but will not be required to sleep. We will need overnight and daytime chaperones. Time will be allotted for all chaperones to sleep. Any VOLTED volunteer is more than welcome. We are requesting teens not drive themselves due to the "Night Owl" scheduling of the Conference. Without volunteer chaperones these events cannot happen so your participation is greatly appreciated. Please contact Kelly Hamilton at 234-7274 or swroquekelly@hotmail.com if you are interested.

6. Tanglewood to Host Earth Day Open House

Tanglewood 4-H Camp and Learning Center will host an open house on Sunday, April 22. The event will run from 1 – 4 pm and will be held at the Lincolnville Campus. Come celebrate Earth Day, explore the beautiful Camden Hills State Park and learn everything there is to know about Tanglewood. Staff will be on hand to answer questions and provide hands-on experiments for potential campers. This is the perfect chance to get acquainted with the staff and the facilities. For more information call (207) 789-5868.

7. National 4-H Trips

It is time to apply for the National 4-H Trips, Conference and Congress. To apply all you have to do is submit your 4-H Story and your Resume. Guidelines for writing your 4-H story can be found at www.maine4h.umaine.edu and click on Members. Scroll down to see National 4-H Trips application. You may also pick up an application at your local County Extensions office. Next year Congress will be held in November in Atlanta and Nat'l 4-H Conference will be held in Washington DC in March.

4-H EDGE Weekend May 19 and 20, 2007

Engagement, Direction, and Goals for Education

An On-Campus Experience for 4-H youth ages 11-15

Watch for Registrations—coming soon to your mailbox!

Youth—experience hands-on workshops with campus faculty, sleep in the residence halls, eat at Memorial Union, try out on-campus recreational opportunities

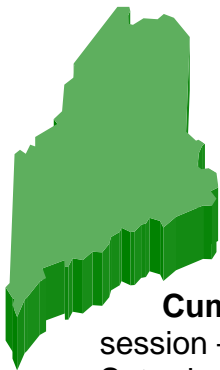
Parents—sign up for the FREE Parent Track—Getting Your Child College-Ready

Cost \$40.00 ...\$35.00 per youth from the same family

Parents stay free

Deadline for registration is May 1st





Maine State 4-H News Cont.

8. Maine 2007 4-H Shooting Sports Leaders Training

Cumberland County - The sessions are: Friday, April 27, 7 pm – 10 pm, General session – to be certified you must attend this session and one discipline training. Saturday, April 28, 7:45 am – 12 pm, Rifle, Muzzleloader & 1 pm – 5 pm, Pistol, Shotgun

Sunday, April 29, 7:45 am – 12 pm, Rifle, Archery

Leaders can attend one or all three training sessions. The Rifle sessions are the same.

Sessions are limited to eight participants, on a first-come basis.

To register send: (Registration Due Date is April 13th, 2007)

Leader Name, Mailing Address, Phone Number, County, Disciplines you plan on attending To: Maine State 4-H Office, % 4-H Shooting Sports Training, 5741 Libby Hall, Room 103, Orono, ME 04469-5741

For additional information, contact Fred Schlutt, 581-3739

9. Attention Parents and Guardians: 4-H also has an EDGE for YOU! -

By now we hope you have read all about the upcoming 4-H EDGE Weekend as a step for our Maine 4-H members considering college in their future. If not, briefly, on **May 19 and 20**, the EDGE program will bring 11-15 year old 4-H youth to the University of Maine campus to ENGAGE them with some of the great things you can study at the university through hands-on workshops, encourage them to set a DIRECTION as they look forward to future college experiences, and encourage them create GOALS for future success.

As parents or guardians, you might be thinking, "That's great, but who is going to help ME prepare for my child's college experience?" And we at 4-H have an answer for you!

The Saturday May 19 session of the 4-H EDGE weekend has a set of workshops for parents. As the youth go to their first workshop, parents will have an opportunity to attend a session on helping your child lay the groundwork for college admission as they move into and through their high school years. Next, both parents and EDGE youth participants will be treated to a BBQ lunch and then attend a workshop on getting school scholarships ready which will focus on how youth can position themselves to qualify for different kinds of scholarship aid. As the youth go off for their second workshop, parents/guardians will have an introduction to some of the options for financing college. So, parents or guardians, plan to arrive on campus with your youth on Saturday morning.

Your sessions will run until 2:45 on Saturday afternoon. Then you can be free as a bird until 11:15 on Sunday morning when it is time to pick up your 4-H member! We hope you will take the time to participate in these sessions designed to help you feel a little more prepared for the college experience which will be upon you before you know it! Registrations for the EDGE Weekend will go out in mid-March. Parents, don't forget to sign yourself up while you register with your 4-H member.



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Colleen Brown, 4-H Aide

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Tara Wood, Support Staff

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Washington County 4-H Webpage

[http://www.umext.maine.edu/
Washington/washington4-H.htm](http://www.umext.maine.edu/Washington/washington4-H.htm)



Maine 4-H Youth Development Mission

To educate and empower Maine youth through hands-on and community-based experiences.

Maine 4-H Youth Development Vision

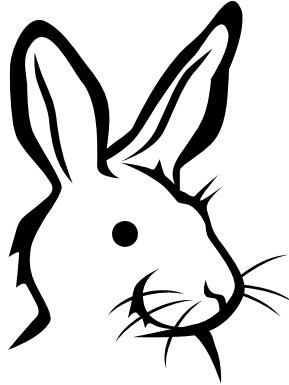
Maine youth acquire the knowledge, life skills, leadership abilities and attitudes to help them succeed now and in the future through effective collaborations, hands-on experiential education and self-directed learning.

**“To Make the
Best Better”**

**“Learn by
Doing”**

Cooking with the Kids

Bunny's Best Slaw



A wonderful healthy anytime snack!

Ingredients:

2 large carrots, peeled
1 apple, peeled
1/3 cup raisins
2 tsp lemon juice
2 tbsp plain yogurt
2 tbsp honey
1/4 tsp cinnamon

1. In a large mixing bowl, grate carrots and apple, and discard the core. Add raisins and lemon juice, stir.
2. In a separate mixing bowl, blend yogurt, honey and cinnamon. Stir into carrot-apple-raisin mixture.
3. Chill well.

Taken from Hey Kids! You're Cookin' Now!

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OFFICIAL BUSINESS



Telecommunication Device for the Deaf (TDD) Phone Numbers 1-800-287-8957.

If you are a person with a disability and will need any accommodations to participate in any programs, please call the Hancock County Office at 1-800-287-1479 or Washington County Extension Office at 1-800-287-1542 to discuss your needs. Please contact us at least 20 days prior to the event to assure the fullest possible attention to your needs.

University of Maine Nondiscrimination Statement

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