



4-H Flash

A Newsletter for Washington County 4-H Participants

I pledge
my head to
clearer thinking,
my heart to
greater loyalty,
my hands to
larger service,
and
my health to
better living
for my club,
my
community,
my
country
and
world.



Cloverfest Celebration

The Cloverfest Celebration will take place on Friday, November 30th at 7:00 p.m. at the Columbia Falls Community Hall. There will be an award ceremony and an ice cream party! All 4-H members and volunteers are encouraged to attend. Please RSVP by Monday, November 26th by calling the office at 255-3345 or 1-800-287-1542 or emailing twood@umext.maine.edu.

Come join the fun in celebrating Washington County's 4-H Program!



4-H Calendar

November 12- Veteran's Day - Office Closed
November 22- Thanksgiving Day - Office Closed
November 23- Office Closed
November 30- Cloverfest Celebration
December 25- Christmas Day - Office Closed
December 31- Re-enrollment Forms due in office - **No Exceptions**

For a complete listing of what's happening in 4-H check out the 4-H Calendar Page at: <http://www.maine4h.umaine.edu/calendarpage.htm>.

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Colleen's Corner

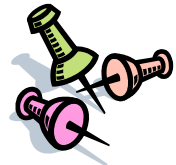


Re enrollment is underway. Please don't forget these forms are due December 31st, 2007. There will be NO EXCEPTIONS! Volunteers need to have volunteers enrollment packet completed and returned, re-enrolling members need to have papers completed and returned, NEW members are youth who have never enrolled in 4-H or in your club can enroll anytime. If you have any questions about this, please call the office.

Thank you to the volunteers who participated in the conference call to plan the Cloverfest Celebration. I'm looking forward to a nice event celebrating 4-H in Washington County.



Washington County Bulletin Board Items



Re-Enrollment

If any leader or any independent member has not received their packet or if you have any questions, please contact the Extension Office as soon as possible. Leaders please be sure to complete **ALL** paperwork and return it to the Extension Office by December 31st. **There will be no exceptions.**



Club Reports

We would like to hear what your club is doing! Please submit articles and photos to twood@umext.maine.edu or by mailing them to 34 Center Street, Machias, ME 04654. We'll put them in the 4-H Flash Newsletter. Thank you!



Head



Heart



Hands

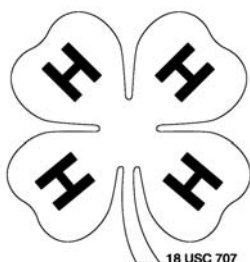
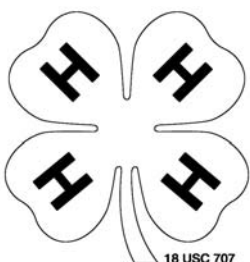
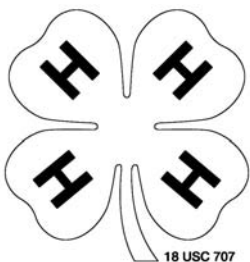
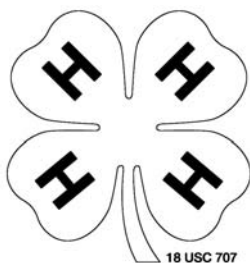


Health



4-H Happenings

An informational source for 4-H leaders in Hancock and Washington Counties



How Are 4-H Cloverbud Clubs Different From Other 4-H Clubs?

With Maine's recent adoption of the Cloverbud policy, you might find this information helpful as you work with our youngest members between the ages of five and eight. In most instances you will find that only minor changes will need to be made in your clubs. If you have Cloverbud members integrated into your 4-H club with older members, a bit more creativity may need to go into how you design your 4-H time to meet the age-appropriate needs of all your members.

1. Cloverbud clubs do not conduct formal business meetings or elect officers.

Five to eight year olds are not yet ready to fulfill the responsibilities of club officership and require much more adult guidance when making group decisions. However, a structured routine is important to this age group. Starting each meeting with the same opening ritual, roll call and pledges to the American and 4-H flags, provides structure while introducing the children to some of the elements of a business meeting. Use of a closing ritual is also recommended. Members can be assigned an "office of the day" to help conduct these rituals. This prepares Cloverbuds for future roles as club officers when they become old enough to assume such roles.

2. Cloverbud clubs do not conduct nor participate in competitive events.

Five to eight year olds are sensitive to criticism and do not accept failure well. They cannot easily separate the "doer" from the thing that is done – so, failure in an activity is translated into personal unworthiness. Their development is uneven making it nearly impossible to level the playing field," a necessity if competition is to be fair. **For these reasons participation in competitive activities is developmentally inappropriate for Cloverbuds.**

Even evaluation that does not compare one child's work to another's but simply defines a level of achievement (excellent, good or worthy) is ill advised. Cloverbud activities should be conducted in a positive environment that focuses on the members' strengths rather than analyzing their deficiencies. Cloverbuds need opportunities to practice skills, discover talents and learn about fairness in a non-judgmental environment. Their work should be proudly displayed and their **participation** recognized. Recognition should be informal with all members being recognized equally.

3. Cloverbud clubs follow a set of program guidelines based on developmental appropriateness.

While Cloverbud activities relate to the same set of program areas, as do projects for older members, they are designed to suit the cognitive, social, emotional and physical development of children within this age group. That often involves using different kinds of equipment or providing more adult supervision. (See the *Maine 4-H Cloverbud Policy for information about specific program areas.*) Sometimes a Cloverbud will be physically capable of doing something but will not be able to understand the reason for the process or the result. Participation in that activity would be just as inappropriate as participation in an activity that is unsafe because of physical limitations.



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Washington County 4-H Webpage

<http://www.umext.maine.edu/Washington/washington4-H.htm>



Maine 4-H Youth Development Mission

To educate and empower Maine youth through hands-on and community-based experiences.

Maine 4-H Youth Development Vision

Maine youth acquire the knowledge, life skills, leadership abilities and attitudes to help them succeed now and in the future through effective collaborations, hands-on experiential education and self-directed learning.

“To Make the Best Better”

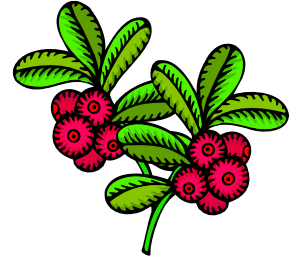
“Learn by Doing”

Cooking with the Kids

Cranberry - Orange Relish

Ingredients:

- 1 12-oz package (3cups) cranberries (fresh or frozen)
- 1 orange
- 3/4 cup sugar



Directions:

1. Wash cranberries and orange.
2. Slice unpeeled orange into eight pieces and remove seeds.
3. Put 4 orange slices and 1 1/2 cups cranberries in a food processor. Process until fruit is evenly chopped. If you don't have a food processor, mince fruit by hand in small batches.
4. Pour chopped fruit into a large bowl. Repeat step 3 with the rest of the fruit and add it to the bowl.
5. Stir sugar into fruits. Serve with your turkey dinner instead of cranberry sauce. Store covered in the refrigerator for up to a month, or freeze for future use.

Makes about 2 1/2 cups

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OFFICIAL BUSINESS

CLOVERBUD POLICY ENCLOSED



Telecommunication Device for the Deaf (TDD) Phone Numbers 1-800-287-8957.

If you are a person with a disability and will need any accommodations to participate in any programs, please call the Hancock County Office at 1-800-287-1479 or Washington County Extension Office at 1-800-287-1542 to discuss your needs. Please contact us at least 20 days prior to the event to assure the fullest possible attention to your needs.

University of Maine Nondiscrimination Statement

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