



4-H Flash

A Newsletter for Washington County 4-H Participants

Perry Harvest Fair 4-H Displays

A HUGE thank you to our clubs that created displays for the Perry Harvest Fair this fall. The displays showcased a wonderful variety of what 4-H members and volunteers are doing around Washington County. We also used some of the displays at our "Business After Hours" event that the office hosted for the Machias Bay Area Chamber of Commerce. Thanks for helping us spread the word about 4-H and be watching your newsletter for details about next year's new club display contest!

Reminder

If you haven't picked up your display yet, please stop by the office at your earliest convenience.



I Pledge My Hands to Larger Service...

As your club begins to make its 4-H plan for the year, be sure to spend some time thinking about service to others as this is a major element of the 4-H experience. How will your club make a difference in the lives of others this year? How will *you* make a difference this year? Need some ideas or what to apply for a mini-grant? Check out www.kidscare.org to learn about other kids around the country who are making a difference.



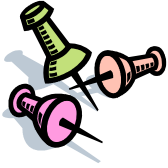
November 27 Thanksgiving Day - Extension Office Closed
November 28 Office Closed
December 25 Christmas Day - Extension Office Closed
December 31 Reenrollment Packets Due

For a complete listing of what's happening in 4-H check out the 4-H Calendar Page at: <http://extension.umaine.edu/4h/calendar.htm>.

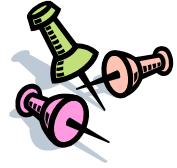
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Washington County Bulletin Board Items



Farewell to a Friend of 4-H!- Colleen Brown, our 4-H Program Aide has moved on to new adventures. Colleen worked with our 4-H volunteers and clubs for the past three years. She brought new ideas, enthusiasm and commitment to her work and will certainly be missed. We wish her well as she focuses her energies on her new consignment shop for children's clothing. Thank-you Colleen for all you did to make the best better!

Winner of Early Bird Special /Reenrollment – Congratulations to **Horse Power Club** for winning the early bird special promotion. They will receive a \$25 Walmart gift card to be used in support of their club!

Leaders please be sure to submit **ALL** paperwork by December 31st. **There will be no exceptions.**

Kid's Science Challenge

The Kid's Science Challenge is a nationwide competition designed to engage 3rd to 6th-graders in practicing science. It was created by Pulse of the Planet and is supported by a grant from the National Science Foundation.

4-H is a partner organization for the Kid's Science Challenge. As a partner, the Kid's Science Challenge organizers have dedicated a limited number of free hands-on science kits to the first 4-H groups who enroll. 4-H staff and volunteers might organize ongoing after-school Kids' Science Challenge sessions or set up several 4-H meetings to inspire kids to enter the Challenge.

The Kid's Science Challenge launched on October 1. Read below for more information about the Challenge and visit the Web site at <http://www.kidsciencechallenge.com> The Web site uses Flash, so users will need to be able to view Flash content to use the Web site.



Energy Resources

Introducing a new web site for information on:

- ☞ Home energy conservation
- ☞ Home heating alternatives
- ☞ Transportation alternatives
- ☞ Saving tips for small businesses
- ☞ Energy tips for farmers



Web site: <http://www.umext.maine.edu/energy/default.htm>



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Maine State 4-H News

1. Horse Study Sessions

4-H Horse Members! Study sessions for horse knowledge.

Starting October 21, study sessions will begin for any interested 4H horse club members.

Study sessions will be done by video conference at various high schools throughout the state on the third Tuesdays of each month October through May from 6-8pm. The study sessions will be held at eight different high schools around the state: Hampden Academy, Lewiston HS, Sanford HS, Oxford Hills HS, Houlton HS, Nokomis HS in Newport, and Hall-Dale HS in Farmingdale. Find one close to you and come join us!

Who should attend? Anyone who would like to learn more about horses, or might be interested in the Eastern States Equestrian Team, the Communications Team, the Hippology Team, Horse Judging Team or the Horse Quiz Bowl Team. These will be interactive study sessions with other 4-Hers from all over the state!

Updates and cancellations will be on the website at: <http://www.umext.maine.edu/4h/resources/horse/study.htm> or contact Kate Slattery at: slatterk@sad44.org or 836-3217.

2. Maine 4-H ESE Canine Team

The 2008 Maine 4-H ESE Canine Team coaches Nancy and Greg Conant, would like to congratulate Sara Conant, **Amberosity Davis** and Marisa Dayken for their outstanding work at this year's Eastern States Exposition 4-H Dog Program held on September 26-28 in West Springfield, MA. Overall the team placed third in the Quiz Bowl competition held on Saturday. Sara Conant from Cumberland County received awards for obtaining the third highest Dog Knowledge Test Score of Division II and for Highest Scoring Steward. **Amberosity Davis** from Hancock County received an award for Reserve Champion Steward. Marisa Dayken and her Miniature Pinscher Harley from Kennebec County won third place in both their showmanship and obedience classes. Congratulations to all! More results of the other Eastern States teams coming in the December newsletter.

3. Time has come to take a step forward...

If you have wondered how to start a community project, get others involved, or find a way to keep the energy level high after you come back from a conference like CWF, a leadership training, a national/regional contest, or national 4-H award trip – let's get connected and...“Mobilize to Make a Difference” On Saturday, November 22, 2008 we're doing something wild!

9:30 am to 3:00 pm (still enough time to shop) In Bangor at the Penobscot County Cooperative Extension

Learning and Action 9:30 to 12:30 – Steps for Action

12:30 to 1:00 – Networking Lunch provided 1:00 to 3:00 – Action – apply what you've learned

For teen and adult partners – come as a team if you can

Outcomes:

- » New ways to connect teens across the state » Form a new group with Youth and Adult Partners
- » Existing groups become re-energized with their own focus
- » Virtual meetings as follow up – using new technology – may become a statewide teen counsel or not – your choice » Valuable skills for decision-making; powerful beyond 4-H - useful in school or community or world!

No charge, just get here – it is a one-time event! If you can, bring snacks to share.

Sponsored by the 4-H Youth in Governance Program Work Team (YIG PWT) – A Maine 4-H Youth

Community Action Program. For more information contact me, **Barbara A. Baker, 4-H Youth**

Development Extension Educator, 207-942-7396 or 1-800-287-1485, bbaker@umext.maine.edu



Jen Lobley

4-H Youth Development Educator
for:
Hancock & Washington Counties
jlobley@umext.maine.edu

Washington County Office

34 Center Street
Machias, ME 04654
Phone: 1-800-287-1542
207-255-3345
FAX: 207-255-6118

Colleen Brown, 4-H Aide

cbrown@umext.maine.edu

Tara Wood, Support Staff

twood@umext.maine.edu

Washington County 4-H Webpage

<http://www.umext.maine.edu/Washington/washington4-H.htm>



Maine 4-H Youth Development Mission

To educate and empower Maine youth through hands-on and community-based experiences.

Maine 4-H Youth Development Vision

Maine youth acquire the knowledge, life skills, leadership abilities and attitudes to help them succeed now and in the future through effective collaborations, hands-on experiential education and self-directed learning.

“To Make the Best Better”

“Learn by Doing”

Cooking with the Kids

Jiffy Oatmeal Crunch

Ingredients:

- 1/2 cup margarine or butter
- 3/4 cup firmly packed brown sugar
- 1 teaspoon vanilla
- 1/2 teaspoon baking soda
- 2 cups uncooked quick oats
- 1 cup raisins

Instructions:

1. Preheat oven to 350° and grease a 9X13 inch baking pan.
2. In large skillet, melt butter and brown sugar.
3. Remove from heat and stir in remaining ingredients.
4. Spread into pan and bake for 15-20 minutes. Cool; cut into squares.

Adapted from: Creative Recipes for Less Familiar USDA

UMaine Cooperative Extension
34 Center Street
Machias, ME 04654



Telecommunication Device for the Deaf (TDD) Phone Numbers 1-800-287-8957.

If you are a person with a disability and will need any accommodations to participate in any programs, please call the Hancock County Office at 1-800-287-1479 or Washington County Extension Office at 1-800-287-1542 to discuss your needs. Please contact us at least 20 days prior to the event to assure the fullest possible attention to your needs.

University of Maine Nondiscrimination Statement

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